



ICKLINGHAM VILLAGER

APRIL 2020

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WORRY WITH
THOUGHTS OF
HOPE, FAITH,
AND VICTORY.
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The Bull Inn, Barton Mills

THE PUB & RESTAURANT ARE CLOSED DUE TO GOVERNMENT GUIDELINES BUT TAKEAWAY FOOD AND DRINK ARE STILL AVAILABLE

The Bull Inn at Barton Mills is a 500 year old coaching inn with a modern twist, it is privately owned and managed by Cheryl, Wayne, Sonia & Smiffy. The inn is located near Mildenhall, Lakenheath, Newmarket & Bury St Edmunds.

The Bull Inn has been under the current ownership since 2007.

Check out the menu online at <https://bullinn-bartonmills.com> or telephone 01638 711001

email reception@bullinn-bartonmills.com

At present they are taking orders all day every day, but this is subject to change regarding Government guidelines

A message from PLUMBS DAIRY

Our local delivery Service.

Your safety is our priority. As the cases of Covid-19 increase and the Government has advised more people to self-isolate, we want to reassure you that as long as we have the staff to do so, our delivery service will continue to run. As well as milk, we can deliver all your daily essentials like bread, eggs, juice, cheese, potatoes, bacon, ham and more as long as stocks allow. If you have an elderly neighbour or relative that you think might need food and groceries delivering to their doorstep, you can place an order for them on our website or give them our details and they can call us with their order.

We are taking the health and safety of our community, both our customers and our staff very seriously and are constantly reviewing and following government advice. As our milkmen and women work throughout the night and early hours of the morning and will leave your produce on your doorstep, you won't need to have any contact with us.

Like everyone else it is a challenging time and your support means the world to us. We want you all to feel safe and comfortable and we will do everything we can to make sure this happens.

If you have any questions regarding your delivery or our product selection, please visit our website <http://www.plumbs-dairy.co.uk>, use your online account (if you have one) or **call us on 01223 893033 or email us on info@plumbs-dairy.co.uk**.

Please note that we are experiencing incredibly high call and email volumes at the moment and will respond when we can.

Warmest regards,

The Plumbs' Dairy team

DOBBIES GARDEN CENTRE

All of our garden Centres remain open & we continue to focus on offering the best possible service.

We are working around the clock to ensure our shelves remain well stocked with everyday essential groceries and fresh bakery items in our food halls, pet food for your four-legged friends & of course, plants and gardening supplies. The health and safety of our customers and team members is our number one priority. We are communicating regularly with our store teams, maintaining our daily hygiene practices and responding to Government advice as required. The Dobbies Team



Icklingham Community Group
The Great British Clean Up
will now be held in the
Autumn

Everyone at Keep Britain Tidy has been absolutely blown away by your support for this year's Great British Spring Clean Up. Together, volunteers, local authorities, charities and businesses have shown tremendous commitment to the campaign and to each and every one of you we would like to say a huge big thank you.

Our first priority has always been making sure everyone stays safe and so we have taken the decision to postpone this year's Great British Spring Clean until later in the year.

Thank you again for your continued support for the campaign from all at Keep Britain Tidy.

SPICE LOUNGE INDIAN TAKEAWAY

During these unprecedented times, we feel it is important we are protecting our staff and customers against the spread of the 'Corona virus'.

We are now introducing Contactless delivery. Customers can now request for their food to be dropped off on their doorstep, with the delivery driver ringing their doorbell to alert them that the order has arrived to minimise contact.

(Please order online or pay by card when calling us). Simply add the words *CONTACTLESS DELIVERY* in the notes, when ordering.

You can order Indian takeaway online from us, our online ordering facility is safe, secure, fast and easy.

Please order your takeaway at www.spiceloungerestaurant.co.uk or call 01638 715 033

Sun-Thu: 5:00 pm - 10:00 pm

Fri-Sat: 5:00 pm - 10.30 pm



Hello,

In challenging times, your neighbourhood can be a great source of support. Showing kindness to fellow neighbours, supporting local businesses, and strengthening connections with your local community can have a major impact on the vitality of your neighbourhood.

Here are four ideas on how you can use Nextdoor to support your local community at this time, from digital check-ins to using our Groups Feature as a way to share information and provide virtual support. Anyone can be invited to a group, even if they aren't currently on Nextdoor. Read how to create a group on Nextdoor here.

We've also joined the Eden Project Communities, along with a range of partners, to launch a Community Action Response encouraging people to support their neighbours, particularly the vulnerable and isolated, during the Corona virus (Covid-19) pandemic.

We fully support neighbour to neighbour communication in times of emergencies; we have established a misinformation policy to help ensure neighbours can find and share helpful and accurate information on Nextdoor.

We are committed to making sure your neighbourhood remains a place you can rely on. Thank you for being a good neighbour.

We'll remain in touch as the situation evolves.

Sarah Friar

Nextdoor CEO

CORONA LOCK DOWN

As the lockdown is prohibiting the delivery of the newsletter I will email it to as many of you as possible and perhaps you can forward it on to others.

If anyone would like the newsletter sent to them via email please send your email address to bac@talk21.com and I will send you a copy.

A postcard aimed at helping people to look after their neighbours if they are self-isolating. This print-at-home template is being shared on social media, with those in need able to request shopping, urgent supplies or "a friendly phone call".

Please feel free to share/print/use.

Printable pdf: bit.ly/viralkindness

The Corona virus is very frightening. Let's make kindness go viral.



Since February 2020, the National Fraud Intelligence Bureau has identified 21 reports of fraud where the Corona virus was mentioned, with victim losses totalling over £800k. Of the 21 reports, ten were made by victims that attempted to purchase protective face masks from fraudulent sellers.

We have also received multiple reports about the corona virus themed phishing emails attempting to trick people into opening malicious attachments or revealing sensitive personal and financial information.

One common tactic used by fraudsters is to contact potential victims over email purporting to be from research organisation's affiliated with the Centres for Disease Control and Prevention (CDC) and the World Health Organisation (WHO). They claim to be able to provide the recipient with a list of corona virus infected people in their area. In order to access this information, the victim needs to click on a link, which leads to a malicious website, or is asked to make a payment in Bitcoin. Reporting numbers are expected to rise as the virus continues to spread across the world.

Protect yourself. Watch out for scam messages: Don't click on the links or attachments in suspicious emails, and never respond to unsolicited messages and calls that ask for your personal or financial details.

Shopping online: If you're making a purchase from a company or person you don't know and trust, carry out some research first, and ask a friend or family member for advice before completing the purchase. If you decide to go ahead with the purchase, use a credit card if you have one, as most major credit card providers insure online purchases.

For more information on how to shop online safely go to <https://www.actionfraud.police.uk/shoponlinesafely>

Protect your devices from the latest threats: Always install the latest software and app updates to protect your devices from the latest threats.

For info on how to update your devices go to <https://www.ncsc.gov.uk/guidance/securing-your-devices>

For more Corona virus (COVID-19) information. on how to stay safe go to <https://www.nhs.uk/conditions/coronavirus-covid-19/>

The **Anzac biscuit (Diggers)** is a sweet biscuit popular in Australia. The biscuits have long been associated with the Australian and New Zealand Corps (ANZAC) established in WW1. The term 'digger' is generally accepted as slang for an Australian soldier, and the myth is that it came from Australians digging trenches at Gallipoli.

It is claimed that biscuits were sent by wives and women's groups to soldiers abroad because the ingredients do not spoil easily and the biscuits kept well during naval transportation

So try 'DIGGERS' These are a chewy, coconutty, delicious kind of flapjack..... Thanks to Mary for this recipe, ENJOY !

- 120g/4½oz plain flour
- 225g/8oz caster sugar
- 100g/3½oz oats
- 85g/3oz desiccated coconut
- 125g/4½oz butter, plus extra for greasing
- 1 tbsp golden syrup
- 1 level tsp bicarbonate of soda
- 2 tsp boiling water

1. Preheat the oven to 170C/325F/Gas 3. Grease a 20cm/8in square tin
2. Mix the flour, sugar, oats and coconut together in a large mixing bowl.
3. Put the butter in a small pan with the golden syrup & heat gently until melted. Mix the bicarbonate of soda with the boiling water & add this to the butter and syrup mixture.
4. Pour the liquid over the dry ingredients and mix well. Tip the mixture into the tin and press down.
5. Bake in the preheated oven for 20 minutes or until golden-brown then let cool for a few minutes before cutting into slices.
6. Alternatively, shape the mixture into cookies and place them on a greased baking tray. Cook for 10–15 minutes or until golden-brown.

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ST. JAMES CHURCH SERVICES

All Services are cancelled until further notice.

Please contact the Church Wardens for further details Dorothy Handford 712439 & Sue Marston 713801



Keep Calm and Carry On

This was a motivational poster introduced by the British Government in 1939 in preparation for WWII. The poster was intended to raise the morale of the British public, threatened with widely predicted mass air attacks on major cities. Although 2.45 million copies were printed, and although the Blitz did in fact take place, the poster was only rarely publicly displayed and was little known until a copy was rediscovered in 2000 at a bookshop in Alnwick. It has since been re-issued by a number of private companies, and has been used as the decorative theme for a range of products. Evocative of the Victorian belief in British stoicism – the "stiff upper lip" self-discipline, fortitude, and remaining calm in adversity – the poster has become recognised around the world. It was thought that only two original copies survived until a collection of approximately 15 was brought in to the Antiques Roadshow in 2012 and a few further examples have come to light since.

DOBBIES GARDEN CENTRE UPDATE 24/3/20 (previously Wyevale)

Are continuing to stock their shelves each day with food essentials including dairy, bakery, fruit, vegetables, and frozen ready meals. You'll also find all your cleaning and household essentials.

To protect yourself and others, please follow social distancing in-store and keep two metres apart.

Thank you.

LAST BUT NOT LEAST have you a special person you want to Thank, wish Good Luck, Happy Birthday, Getting Married, say Get Well Soon or a new arrival ? Well this is the space for you – just email bae@talk21.com or phone 01638 719055 and let me know your special message and it will appear here free of charge !



LIBRARY VAN DATES FOR 2020

Unfortunately all Mobile Library services are cancelled until further notice, but will continue to call at West Street at 2.40pm, The Hall Close at 3.10pm & The Village Green at 3.25pm when restrictions are lifted.

The Mobile Manager is Kevin Lambert 0788 442 2762

PLEASE KEEP SAFE