



THE ICKLINGHAM VILLAGER

APRIL 2022



THE SOUTH SUFFOLK SHOW
 Ampton Racecourse, Ingham,
 Nr Bury St. Edmunds
SUNDAY, MAY 8th 2022
 A Traditional Agricultural Show
 Celebrating Country Life
 featuring Atkinson Action Horses,
 stars of BBC's Poldark performing
 astonishing stunts on magnificent steeds

Plus cattle, sheep, pigs, horses, farm
 machinery, Food Hall, Arts & Craft
 Marquee, a Fun Fair and much, much more!
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 See website for discounted pre-show
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FREE CAR PARKING
www.southsuffolkshow.co.uk

Suffolk Waste Partnership Recycling
**Residents across Suffolk are being encouraged
 to get behind a campaign calling for people to
 recycle glass properly.**

Suffolk Waste Partnership (SWP) is launching 'Glass
 It's Better in The Bank', a **12-week campaign
 aimed at getting people to stop putting glass in
 their household recycling bins and to use a
 bottle bank instead. This campaign runs until
 May 31st. District and borough councils, which
 collect our rubbish, will be applying bin tags
 and stickers to recycling bins containing glass.
 Crews will have a prompt in the cab to remind
 them to be on the look-out and recycling bins
 may not be emptied if they are found to contain
 glass.**

Glass is not accepted in any household recycling bins
 as the Materials Recycling Facility is unable to
 separate glass from other materials.

Glass mistakenly placed in household recycling bins
 costs the SWP around £500,000 a year.
 It will NOT be recycled and can spoil other good
 recycling, especially card and paper.

Glass represents about half of all the wrong material
 in household recycling bins. Partnership chair Cllr.
 James Mallinder said: "Glass is 100% recyclable and
 can be recycled repeatedly without loss of quality, as
 long as it's put in the right place, which in Suffolk is
 at your local bottle bank. Around 5,000 tonnes of
 glass were mistakenly put into household recycling
 bins last year, and a further 9,500 tonnes of
 perfectly recyclable bottles and jars got thrown into
 Suffolk's rubbish bins - what a waste. "In 20/21
 people in Suffolk did a great job in that 18,390
 tonnes of glass were recycled at bottle banks, and if
 everyone gets behind this campaign we can make
 that so much more. Most glass in Suffolk is
 collected, processed and recycled by the SWP's Glass
 - It's Better in The Bank' scheme....."

**Project St James are Celebrating 25 years
 of fundraising!**

**In 1997 the then Vicar called a public meeting to discuss the
 threatened closure of St James's Church. On the 7th May
 1997 Project St James was formed to try and raise funds to
 maintain the fabric of the building, in order to try and keep
 the church open. With the help and support from the
 village, twenty five years later, PSJ are still going strong
 and the church remains open, in regular use and continues
 to be maintained.**

**As a thank you for your support, especially to those who
 have and continue to support through the 100 Club and
 have attended fundraising events over the years,
 the PSJ committee would like to invite all the
 residents of the village to St James's Church on
 Saturday 7th May from 5pm to 8pm to celebrate with
 a free Hog Roast and a glass of Wine.**

**For catering purposes please contact either
 Sue Marston 713801 Dorothy Handford 712439 or
 Hazel Russell 714097 by the 23rd April
 if you wish to come along.**

**We hope as many of you as possible will come along & join
 the committee to celebrate
 25years of Project St James.**

**COFFEE MORNINGS ARE BACK
 AT ST. JAMES CHURCH**

on the 30th April & 28th May
Coffee - Cakes - Raffle
**Come along and meet friends and
 neighbours, for more info see the Church
 notice board or call Dorothy**

**Handford 712439 or
 Sue Marston 713801
 ALL WELCOME**

.....The Head of Commercial Operations for Countrystyle
 Recycling Limited said glass bottles and jars were re-melted and
 end up back on retailers' shelves in a matter of weeks.
 "It is a true example of a 'closed loop' service and a shining
 example to Suffolk residents of the importance of recycling glass
 bottles and jars separately to avoid cross contamination with other
 recyclable materials," he said. This long-term partnership with the
 Suffolk Waste Partnership cements Countrystyle Recycling
 commitment to East Anglia and assures residents the majority of
 glass collected is being recycled back into bottles and jars in the
 United Kingdom."

more recycling overleaf with a Compost Bin Offer !



USEFUL TELEPHONE NUMBERS

EMERGENCY 999

Suffolk Police (non-urgent) 101

NHS 111

Crime Stoppers UK 0800 555 111

GAS EMERGENCY 0800 111 999

Electricity Emergency 105 (including Powercuts)

ANGLIAN WATER EMERGENCY 0800 771 881

Dental Emergency 111

Icklingham Parish Clerk 01842 861748

West Suffolk Councillor

Susan Glossop 07473041394

West Suffolk council 01284 763233

St James Church Wardens Dorothy Handford

01638 712439 and Sue Marston 01638 713801

All Saints CCT 0845 303 2760 Jane Hatton

Market Cross Surgery 01638 713109

Guildhall & Barrow Surgery 01284 812510

Milk Delivery Plumbs Dairy 01223 893033

Window Cleaner Rise & Shine 0771 055 7898

MILDENHALL HUB

The Mildenhall Hub brings together leisure and community facilities, Mildenhall College Academy, a pre-school, health centre, library, children's centre, Citizens Advice and Job Centre, as well as offices for Suffolk Constabulary, Suffolk County Council, West Suffolk Council, NHS & other Public Sector offices. For more information call 01284 757473.

The Hub is recognised as a significant project in the Government's national One Public Estate Programme.



ST. JAMES CHURCH

Please contact the Church Wardens for further details

Dorothy Handford 712439 & Sue Marston 713801

10th April Holy Communion Service 9.30am
for service dates please check the Church notice board

ALL WELCOME

COMPOST BIN OFFER

The Suffolk Waste Partnership have launched a new scheme which gives Suffolk residents the chance to buy home composting bins for under £10 each! Through the scheme you can buy a range of heavily subsidised items, which can help you to compost both your garden and kitchen waste at home.

The scheme includes subsidies on composting systems which can deal with some cooked food waste. There's also the opportunity to get another compost bin of the same size for half price! So there's no better time to get composting!

To find out about the offers on compost bins and more call 0844 571 4444 and quote SUF 21L or visit www.suffolk.getcomposting.com and enter your postcode

By cutting down on food waste and by recycling our glass correctly, we can all make a direct contribution to reducing waste and making the most of the earth's valuable resources. Food waste is an enormous contributor to carbon emissions and these small actions really can add up to make a big difference. By making compost at home where we can, it's easy to turn unavoidable food waste, such as fruit and veg peelings and grass cuttings, into nutritious soil improver for the garden to encourage better growth without incurring any transport costs and their related emissions! I do hope that you will take advantage of our great offers we have for composting systems for Suffolk residents. By taking these small individual measures we can collectively work towards combating climate change as well as making Suffolk an even better place to live!

ALL ABOUT APRIL - April is the month of Aphrodite, a Greek Goddess of love and beauty. It's the fourth month of the year that brings us Earth Day, April Fool's Day, Easter, and Buddha's birthday. Hibernating animals come out of their winter sleep, birds fly back to settle, and in some parts of the world the harvest season begins. This month represents a time of full emergence and growth.

Spiritual Meaning of April - With the spring equinox, daylight starts to increase, and light is returning to Earth. Therefore, the spring equinox is a symbol of new life and light, new beginnings, and paths. This time represents our need for balance of the yin/yang and male/female energies. A balanced equilibrium. It's a time of growth and moving forward in new and positive ways. With psychic energy in abundance, it is the ideal month to start meditating for the purpose of healthier living and raising consciousness.

Symbolic Meaning of April - For all Christians around the world, Easter is a sacred holiday, a representation of Christ's ascension and return to Earth. It's called a moveable holiday since it doesn't fall on a set date every year. Lent, the 40-day period leading up to Easter, is a time of reflection and penance, remembering the 40 days that Jesus spent in the wilderness. Mardi Gras, or Fat Tuesday, is the last day of feasting before Lent begins. This holiday also has another side filled with Easter eggs, bunnies, baskets, and candies which have become a standard part of Easter.

April also celebrates Earth Day. Founded in 1970 as a day of education about environmental issues, Earth Day today is celebrated to raise public awareness of air and water pollution, and to bring environmental issues into the spotlight. People who share the same values about oil spills, polluting factories, toxic dumps, loss of wilderness, and the extinction of wildlife, come together to fight for a clean environment. Remember, it's never too late to get involved in the movement, donate to the cause, and spread the world!



LIBRARY VAN DATES

The Mobile Library will on the 30th April, 28th May, 25th June & 23rd July calling at West Street at 2.40pm, The Hall Close at 3.10pm & The Village Green at 3.25pm, the mobile Manager is Kevin Lambert 0788 442 2762.

If health or mobility problems are preventing you or someone you know getting to a branch/mobile library, volunteers' from Suffolk Libraries Home Library Service can help. The service is free and available from most libraries.

Volunteers visit you in your home, discuss which books will interest you (including audio and eBooks) & order them from the library. They then collect the books from the library and deliver them to your door. To find out more about this service: contact your local library, or email: his@suffolklibraries.co.uk.

Please support our local Service if you can.

Rhubarb & Custard Blondies

225g salted butter, plus extra for the tin
200g light brown soft sugar, 100g caster sugar
150g plain flour, 50g custard powder
½ tsp baking powder, 3 medium eggs
250g white chocolate chips, 2 tsp vanilla extract
For the rhubarb & custard swirl : 200g rhubarb (frozen,
or canned and drained is fine).

75g caster sugar, pink or red food colouring (optional)

4 tbsp ready-made custard (from a carton is fine)

1. For the rhubarb & custard swirl, put the rhubarb and sugar in a wide pan with 2 tbsp water (omit the water if using canned rhubarb). Cook over a medium heat, stirring frequently for about 10 mins, until the rhubarb breaks down and turns jammy. Add a few drops of food colouring if you want a pinker rhubarb swirl, leave to cool.

2. Heat the oven to 180C/160C fan/gas 4. Put the butter and both sugars into a pan and put over a low heat. Melt together until smooth and shiny, then remove from the heat, and leave to cool for 10 mins while you sieve the flour, custard powder and baking powder in a bowl. Butter a 20 x 30cm baking tin and line with baking parchment.

3. Beat the eggs into the cooled sugar and butter mixture, then fold in the dry ingredients until you have a smooth batter. Stir in 150g of the chocolate chips and the vanilla. Pour into the brownie tin, then use a teaspoon to swirl rhubarb compote on top of the batter. Add dollops of the custard, then swirl a skewer or cocktail stick through the compote to create a marbled pattern.

4. Bake for 35-40 mins until set and the edges are coming away from the sides of the tin, leave in the tin to cool. Melt the remaining 100g chocolate in short blasts in the microwave or in a bowl set over a pan of simmering water. Use a spoon to drizzle the chocolate over the Blondie in a zigzag pattern. Cut into squares to serve.

5. These will keep for three days in an airtight container, or freeze the squares individually.

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Icklingham Parish Council THE NEXT MEETING IS IN MAY

7.30pm

(please check PC notice board for date)
in the Old School Hall

All are welcome to attend

There are vacancies for two new
Parish Councillors, if you are interested
and want to get more involved in your
village please contact the Clerk

Mrs Vikki Austin on Tel: 01842 861748

email IcklinghamPC@gmail.com

or come along to the next meeting.



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LAST BUT NOT LEAST have you a special person you want to Thank, wish Good Luck, Happy Birthday, Getting Married, say Get Well Soon or a new arrival? Well this is the space for you – just email bac@talk21.com or phone 01638 719055 and let me know your special message and it will appear here free of charge!

IF YOU HAVE ANY IDEAS FOR THE CRAFT CORNER OR ANY RECIPES YOU WOULD LIKE TO PASS ON, ANY BIRTHDAY WISHES, CONGRATULATIONS OR GET WELL MESSAGES PLEASE

email bac@talk21.com

Don't forget the Village Notice Board which you can use to advertise or put local events & information in!

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A BIG BELATED THANK YOU TO EVERYONE
WHO PUT UP CHRISTMAS LIGHTS &
DECORATIONS

YOU MADE OUR VILLAGE LOOK LOVELY

THANK YOU
