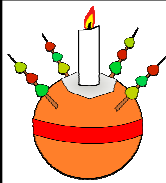


ICKLINGHAM VILLAGER

DECEMBER 2019

Christingle Service



A Christingle Service will be held on Saturday the 14th December at 3.00pm In St. James Church. We hope many families & children will come along to celebrate, because Christingle was specifically created with children in mind, the celebrations can be enjoyed by people of all ages – even if they don't regularly attend church.

By taking part in Christingle this year, you can enjoy the warmth of this wonderful celebration Each piece of the Christingle holds special symbolism to help children understand the importance of Jesus at Christmas time.

The orange represents the world,

The red ribbon symbolises the love and blood of Christ,
The sweets and dried fruit represent all of God's creations,

The lit candle represents Jesus' light in the world,
bringing hope to people living in darkness.

Refreshments will be served after the service.

VOLUNTEERS NEEDED



**Churches
Conservation
Trust**

Whether you are retired and looking to keep busy or a parent with spare time whilst the children are at school or maybe a student looking for work experience, then the Churches Conservation Trust (CCT)

has a volunteering opportunity to suit you. With 20 churches in Suffolk alone, all CCT churches are Grade II listed or above and most are open and ready for visitors all year round. The CCT is the national charity protecting historic churches at risk, repairing the damage from sometime years of neglect and then working with local communities to bring them alive again.

Volunteers are critical to the CCT's ability to care for, open and promote these often hidden treasures and roles including stewarding, event organising, fundraising, as well as practical roles such as cleaning and gardening. The need is for new volunteers to help ensure that these churches are open, used and there for future generations. Being a volunteer will give you the opportunity to meet likeminded people, learn new skills and even advance your career.

All Saints in Icklingham is one of Suffolk's most remarkable medieval churches which was built largely in the fourteenth century although it is of Norman origin. We are looking for volunteers and will be organising a cleaning day next Spring, it will also be a good opportunity to share ideas on how you would like to use this space.

During December there will be a Christmas Memory Tree in All Saints where visitors are encouraged to leave a name of a loved one, past or present, on a decoration and hang it on the tree. The Memory Tree will be in the church throughout December and for twelve days after Christmas.

More information on volunteering for the CCT can be found at www.visitchurches.org.uk or email Jane Hatton jhatton@theccct.org.uk Jane is the local Community Officer for Suffolk and South Cambs.



THE FESTIVAL OF LIGHTS

ST JAMES CHURCH
7th-8th DECEMBER

11.00am to 4.00pm

GIFT STALLS,

PLANTS, CAKE STALL

XMAS HAMPER RAFFLE,

(this will be drawn at 3.30pm on Sunday 8th Dec)

GAMES & COMPETITIONS,

TOMBOLA, REFRESHMENTS,

The Flower Club will be selling
Christmas Table Arrangements.

If you would like to get involved and
decorate a tree please contact Sue

713801, Dorothy 712439 or Hazel 714097

If you would like to make a Cake for the

Cake Stall or a donation to the Bottle
Stall these will be gratefully received

(please make sure bottles are unopened and in date)

Many thanks

we look forward to seeing you all at

The Festival of Lights

DON'T FORGET

FATHER CHRISTMAS

WILL ONLY BE THERE

ON SUNDAY

2.00pm - 4.00pm

as he is very busy this year !



Don't forget the Festival of Lights

Carol Service at 6.00pm

on Sunday 8th December

Icklingham Parish Council

THE NEXT MEETING IS IN JANUARY 7.30pm
(please check the PC notice board for date)

in the Old School Hall

All are welcome to attend

There are vacancies for two new
Parish Councillors, if you are interested
and want to get more involved in your
village please contact the Clerk

Mrs Vikki Austin on Tel: 01638 510449

Tel: 01842 861748

email IcklinghamPC@gmail.com

or come along to the next meeting.



LifeLink

LifeLink, which started in Haverhill and has also launched in Brandon and Mildenhall, is a free service for anyone over 16 years old and it is already busy. Benefits include: meeting new people and developing new friendships, feeling healthier and fitter, learning new skills and opportunities for volunteering and developing employability skills. This can lead to improved sense of wellbeing, leading to better physical and mental health.

LIFELINK
Linking Lives Together

The LifeLink Coordinators, coach participants on a one-to-one basis, working together to find ways for each person to improve their wellbeing and meet their needs by connecting them to social activities, clubs, groups and local services. By introducing suitable local services, groups, clubs or activities, each individual's social and practical needs can be supported and LifeLink will help, every step of the way.

Getting involved is easy. People can self-refer to the service, or ask a friend, supporter, GPs or other professional to help them to make a referral. Simply call the local LifeLink Coordinator to find out more and get involved.

For Haverhill LifeLink call Elaine 07967 670592 or Charlotte 07967 670602. For Brandon LifeLink and **Mildenhall LifeLink call Rob 07773 046836 or Amba 07971 534462.**

For more information on LifeLink, and its schedule for expansion, please visit <https://www.westsuffolk.gov.uk/community/lifelink>



What is The CCT Churches Conservation Trust

This is the national charity protecting historic churches at risk. As a small charity with 350 historic churches to care for donations are vital. We spend millions each year protecting these wonderful buildings for future generations to enjoy. This work comes at a price – every year we must raise an additional £1.5 million just for essential repairs.

We attract almost 2 million visitors a year.

Established under Ecclesiastical Law on 1 April 1969 the charity receives its churches in the form of 'vestings' from the Church Commissioners. All the CCT's churches remain consecrated and are often used for occasional worship.

The CCT works with local people to bring historic churches back into the heart of the community and use as a social, tourism, educational or cultural resource. The CCT's care of Grade I and II* buildings has given it an international reputation in heritage conservation and regeneration.



Peter Pan is on at The Theatre Royal Bury St Edmunds between Fri 29 Nov — Sun 19 Jan 2020.

It's a very special year and we're about to embark on a very special adventure. Everything changes on the dull, dreary day Wendy Darling meets a strange young boy called Peter Pan. He takes her to Neverland; filled with fiendish pirates, funky mermaids and an incredibly hungry crocodile. Join Peter, Wendy and the outrageous Tiger Lily as they face the most fearful pantomime villain of all: Captain Hook. Want to come along? You must love stories, you must believe in fairies and you must never, ever grow up.

Children under 18 months of age do not require their own seat/ticket. Please take into consideration other audience members and speak to a member of the Box Office team for seating recommendations.



THANK YOU
Many thanks to
everyone who



donated coats for the charity
Wrap Up London.

We collected 30 coats to help
keep the homeless warm this
Christmas.

Suffolk Libraries

If health or mobility problems are preventing you or someone you know getting to a branch or the mobile library, volunteers from Suffolk Libraries Home Library Service can help. The service is free and available from most libraries.

Volunteers visit you in your home, discuss which books will interest you (including audio and eBooks) & order them from the library. They then collect the books from the library and deliver them to your door.

To find out more about this service: contact your local library, or email : hls@suffolklibraries.co.uk.

LIBRARY VAN DATES are December 14th, January 11th & February 8th calling at West Street at 2.40pm, The Hall Close at 3.10pm & The Village Green at 3.25pm.

The Mobile Manager is Kevin Lambert 07884422762

PERKY TURKEY SOUP

A warming spicy turkey soup a great use of Christmas leftovers - happy Boxing Day!

- 1 tbsp olive oil
- 1 large onion, halved and sliced into thin strips
- 1 red pepper, seeded and sliced into thin strips
- 2 tsp ground coriander
- 1 tsp chilli flakes
- 3 tbsp basmati rice or long grain rice
- 1½ litres hot turkey or chicken stock
- 250g/9oz turkey meat, cut into thin strips (leg meat will have the most flavour)
- 410g can chickpeas, drained and rinsed
- a handful of fresh coriander/parsley roughly chopped



Heat the oil in a large pan, add the onion and fry for 5 minutes or so, stirring every now and then until it starts to soften.

To make the soup, add the red pepper, ground coriander, chilli and rice and stir round the pan for about a minute. Pour in the hot stock, stir in the turkey and chickpeas and season well. Bring to the boil, cover and simmer for 8-10 minutes, until the vegetables and rice are tender. Stir in the coriander or parsley and it's ready. Enjoy!

(Or the soup may now be cooled and frozen for up to 1 month.)
Extras to try - Sizzle some chopped bacon with the onions. Pour in a splash of dry sherry before adding the stock. Any canned pulses can replace the chickpeas. Throw in some chopped sprouts – either cooked or raw. For extra zing, squeeze in a little lemon juice at the end.

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ST. JAMES CHURCH

The services will be conducted by David Ball
Please contact the Church Wardens
for further details Dorothy Handford
712439 & Sue Marston 713801

- | | | |
|----------|------------------------------------|---------|
| 8th Dec | Family Carol Service | 6.00pm |
| | Refreshments afterwards | |
| 14th Dec | Christingle Service Family service | |
| | 3-00pm Refreshments afterwards | |
| 24th Dec | Holy Communion Service | 10.00pm |

LAST BUT NOT LEAST have you a special person you want to Thank, wish Good Luck, Happy Birthday, Getting Married, say get well soon or a new arrival ? Well this is the space for you – just email bac@talk21.com or phone 01638 719055 and let me know your special message and it will appear here free of charge..

THANK YOU TO ALL THE LADIES WHO BRAVE THE WEATHER EACH MONTH TO DELIVER YOUR NEWSLETTER, THEY ARE ALL VOLUNTEERS.

A BIG THANK YOU TO MAUREEN DOYLE, RONNIE HALFORD, KAREN NOLAN & JEAN PADMORE. I WOULD LIKE TO TAKE THIS OPPORTUNITY TO ALSO THANK ALL THE ADVERTISERS, THE PARISH COUNCIL & ALL CONTRIBUTORS TO THIS NEWSLETTER, NOT FORGETTING KEITH AT RIVERSIDE PRINTING WHO DOES A GREAT JOB EVERY MONTH FOR US.

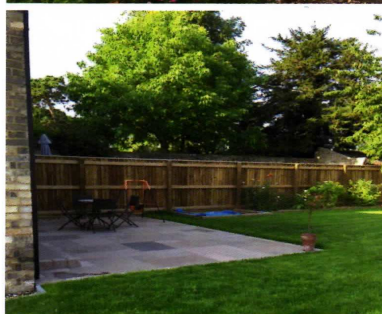
Thanks for reading, wishing you all a very Happy Christmas, Beverley Curtis, Editor.
Please note there will not be a newsletter in January.
We'll be back in February 2020 !



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