

Wishing you all a wonderful Summer, there will not be a newsletter in August, we will be back in September. Thank you to all the delivery Ladies & our Advertisers for their support.

# ICKLINGHAM VILLAGER

JULY 2018

DON'T FORGET THE FLOWER FESTIVAL



## FARM WALK JULY 15th

Please come along & join in a Village walk to Weatherhill Farm, meeting on the village Green at 2.00pm.

The walk will take approx 30 minutes and at the Farm there will be a tour & talk by John Browning about Farming, Conservation, Natural History & Archaeology.

If you don't want to walk you can drive to the Farm and join in the Tour & Talk.

Dogs welcome on leads  
Come along and enjoy

## ICKLINGHAM PARISH COUNCIL

The next meeting will take place on Tuesday 24th July

**This meeting will start at 7.30pm**

If you would like an item included on the agenda for the next meeting please email the clerk on

**IcklinghamPC@gmail.com**

**Every meeting has a Public Forum for ten minutes at the start of each meeting.**

**Everyone is welcome to attend**

### Dates for your Diary

July 7th/8th FLOWER FESTIVAL

July 15th VILLAGE FARM WALK

July 24th PC MEETING

July 28th COFFEE MORNING

Aug 25th COFFEE MORNING

Sept 25th PC MEETING

Oct 6th PC OPEN SURGERY 12-2pm

TBC Church Tidy Up Day

TBC December Carol Singing !!

More information about all of these events to follow in The Icklingham Villager in the coming months.

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If you have any event you would like to advertise please email bac@talk21.com

## PROJECT ST. JAMES FLOWER FESTIVAL

The flower displays will be based on 'PROVERBS'

7th-8th JULY 11.00am - 4pm  
Refreshments, Cake Stall,  
Raffle, Tombola, Games Stalls  
& much more !

If you would like to make a cake for the cake stall, please bring it along on the Saturday morning.

We will be very grateful for help to run the stalls & any donations for the Bottle Stall.

For any more info please call  
Sue Marston 713801,  
Dorothy Handford 712439  
or Hazel Russell 714097

There will be a 'SONGS OF PRAISE' on 8th July at 6.00PM after the FLOWER FESTIVAL



### Things to Do !

**The Suffolk Punch Trust** Have an array of sights and activities for all ages so families with children can make a real day out of visiting the Trust. See a harnessing or braiding demonstration in The Stables. Pamper the pets and find out how to care for them in the Pets Paddock. Take a tractor-trailer ride around the farm. Have a hot or cold homemade lunch in The Suffolk Punch Cafe or a packed lunch in the picnic area. Meet one of our young horses and learn about their training. Help with pets feeding time. Let the kids clamber on the outdoor play equipment. Enjoy making things in our activities room. Plus complete a stamp trail around the farm for a prize! 01394 411327

**Crazy Golf at Stonham Barns** is great fun for all the family with a 9 hole course with kooky characters, colourful detailing and either simple or showy options for putting, this is a stretch that doesn't skimp on the Crazy! There are enough hazards and simple enough holes to keep most kids entertained, plus all the clubs.....continued on page 2

**GET TOOL SMART.** Following a series of thefts of tools from vans and outbuildings, such as sheds and garages recently, Suffolk Constabulary launched a countywide crime prevention campaign to raise awareness and reduce incidents. The 'Get Tool Smart' campaign highlights measures that can be taken by the public to protect themselves from this type of theft. It includes advice for van drivers on general security awareness, including where and how to park vehicles, installing additional security devices inside vans and tips on marking tools with a unique, traceable paint. Posters are being circulated to businesses and building trade suppliers across Suffolk advising people of the scheme. Once done, a sticker, 'I'm Tool Smart', has been produced which can be displayed on the vehicle/outbuilding, deterring offenders from stealing the marked tools.

**Van owners/drivers can register their tools for free at [www.immobilise.com](http://www.immobilise.com) by taking note of the serial numbers and models, and to use ultraviolet pen to (invisibly) mark their property, which increases the chances of having them returned in the event of being lost or stolen.** Police are urging motorists to lock their vehicles and remove all valuables, no matter whether you park on, or off road. Thieves will enter private properties, public car parks and garages to look for insecure vehicles

- Always lock all doors & shut windows, physically checking van doors are locked.
- Park in a garage or secure area where possible.
- Park with the doors against a wall.
- If you park on your driveway consider installing motion activated CCTV.
- Be particularly aware when unloading.
- Remove tools from the van if possible.
- To increase the security of tools, you can bolt either a cage or box to the base of the van which should be secured with a sturdy close shackle padlock to reduce and deter further incidents.
- Setting an alarm or immobiliser will make it more difficult for the offender.
- Consider upgrading locks/fitting additional protection.
- Information on Police approved products can be found at [www.securedbydesign.com](http://www.securedbydesign.com)

**If you are offered tools in suspicious circumstances, please do not buy them and let police know immediately via 101. You can also contact Crimestoppers on 0800 555 111.**

Continued....balls and scorecards you need are provided. There is also an aquatics and reptile centre which welcomes visitors plus an intriguing antiques store, tropical looking garden centre and plenty more for parents besides. Other family attractions at Stonham Barns leisure complex include Owl Sanctuary and fishing lakes plus regular family car boots, so depending on what day you wish to come and your purposes you can generally find everything you need to here plus a curious bundle of other things to walk around! An ideal trip with small folk and grandparents

**Sutton Hoo** is a hauntingly beautiful estate set in a whopping 255 acres with amazing views over the River Deben. It seems quiet but it's also home to one of the greatest archaeological discoveries in modern history!

Your family can discover the incredible story of the ship burial of an Anglo-Saxon king and his treasured possessions. Take a unique and enchanting tour of the royal Anglo-Saxon burial mounds with a 'Gruesome Grave' guide! These exclusive family friendly tours take place during most holidays and are completely free.

You can also look inside the Edwardian house where the kids can dress up like an Anglo Saxon, try the archaeological trench dig, explore Mrs Pretty's House and discover the King lying in state, surrounded by mounds of treasure! Then make your very own piece of treasure to take home like a helmet, a shield or belt buckle!

It's also nice to enjoy the beautiful seasonal colours on the estate walks, explore further with the free tracker packs and summer activity trails or head right for the adventure playground and don't miss the zip wire!

You can even build your very own Anglo-Saxon den near the deadwood piles, and once you've finished, staff may even put it to the test and see how waterproof it actually is !! 01394389700 .

**Wild Tracks** is an excellent place to take your little adrenaline junkies, with a variety of exciting activities for kids age 8 and over (who are at least 1.3m, 4'3" tall), there is fast and furious karting, using 160cc Biz Evo cadet karts on the 700m long track that has plenty of space for overtaking. Thrilling off road excitement on Quad Bikes is available too, with 3 different sized vehicles to suit different ages.

If they fancy a day being Robin Hood, kids can try out the ancient sport of Archery, with individual tuition available, plus all the equipment you need.

For kids aged 12 and older, there are Air Guns to try, which are lighter than shotguns, and a great way to get into the sport, with a variety of targets to shoot, including the classic tin can!

Kids who are aged 14 and older, have even more exciting activities to choose from, including Clay Target Shooting, Crossbow lessons, and MX bike hire (provided they are 1.7m, 5'7" or more in height)! 01638 751 918

## STRAWBERRY GIN FIZZ

400g fresh, ripe strawberries,  
hulled & roughly chopped  
Small bunch fresh mint, leaves  
torn, plus extra small sprigs to  
serve

2 tsp caster sugar, dissolved in 30ml boiling  
water to make a syrup

100ml gin

2 handfuls ice cubes

1 bottle Prosecco

Put the strawberries, torn mint & half the  
sugar syrup in a large jug and muddle with  
the end of a rolling pin or handle of a  
wooden spoon until lightly crushed and  
bruised and releasing their juices.

Add the gin, ice cubes & Prosecco, then stir  
& taste, adding extra sugar syrup if needed.  
Serve in chilled champagne flutes or glasses  
garnished with sprigs of fresh mint.



## STRAWBERRY & POLENTA SHORTCAKE

125g butter, very soft, plus extra for  
greasing

125g caster sugar

2 large free-range eggs

100g self-raising flour, sifted

25g polenta

Grated zest ½ lemon or a very scant  
scraping of vanilla seeds

For the filling

200ml double cream

400g strawberries, washed, hulled and  
quartered, plus a few halved strawberries  
to decorate

Icing sugar for dusting

Preheat the oven to 180°  
C/160°C fan/gas 4. Grease  
and base line 2 x 20cm sand-  
wich tins with baking paper.

Beat the butter and sugar to-  
gether until pale and fluffy,  
then beat in the eggs, one at a time. Gently  
fold in the sifted flour along with the polenta  
and lemon zest or vanilla seeds.

Divide between the cake tins, spread evenly  
and bake for 25 minutes. Cool the cakes  
completely before turning them out of the  
tins.

Make the filling. Whip the cream to soft  
peaks, then gently fold in the strawberries.  
Use to sandwich the cakes together. Dust the  
top with icing sugar and decorate with the  
halved strawberries.



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fax 01284 729166

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## ST. JAMES CHURCH



For Church services please check the notice board  
at St James Church or contact the Church  
Wardens for more information Sue Marston 713801  
or Dorothy Handford 712439

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**THE NEXT COFFEE MORNING**  
is on Saturday July 28th  
at 10.30am in

**ST JAMES CHURCH**  
Cakes & Books for sale.

Come along and meet friends &  
neighbours - all welcome



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**St James Church are looking for more volunteers to help cut the church yard grass. If anybody is able to spare some time, have their own mower or strimmer & would be willing to help cut the grass we would be most grateful Please call the Church Wardens Dorothy Handford on 01638 712439 or Sue Marston on 01638 713801 for more details.**

**Thank you to those of you in the village who already volunteer**

CONGRATULATIONS TO  
WADE & LAURA ON THEIR  
WEDDING IN MEXICO  
WISHING YOU BOTH  
EVERY HAPPINESS  
LOVE FROM  
ALL THE FAMILY

