



# ICKLINGHAM VILLAGER

JULY 2020



## SUFFOLK LIBRARIES OPENING

Mildenhall and Bury Library will re-open from the 6th July.

All charges have been frozen until 31 August. We will review this date at the end of August.

We will not charge for CD or DVD loans in this period. For the time being you'll be able to borrow up to 10 items not 20, but loan periods have been extended to 4 weeks. We have seen a huge increase in the number of eLibrary loans and streams during lockdown. We have also moved many activities online, so you can continue to enjoy them from home.

If you have any questions please contact us at [help@suffolklibraries.co.uk](mailto:help@suffolklibraries.co.uk)

## NO NEWS FROM THE GUINNESS ARMS YET

**but The Bull Inn at Barton Mills is open  
THE PUB & RESTAURANT ARE CLOSED DUE TO  
GOVERNMENT GUIDELINES BUT  
TAKEAWAY FOOD AND DRINK  
ARE STILL AVAILABLE**

The Bull Inn at Barton Mills is a 500 year old coaching inn with a modern twist, it is privately owned and managed by Cheryl, Wayne, Sonia & Smiffy. The Bull Inn has been under the current ownership since 2007.

**Check out the menu online at  
<https://bullinn-bartonmills.com>  
or telephone 01638 711001**

**email [reception@bullinn-bartonmills.com](mailto:reception@bullinn-bartonmills.com)  
At present they are taking orders all day every day,  
but this is subject to change regarding  
Government guidelines**

## FULLERS MILL

We are delighted to welcome Friends\* back into the garden from Wednesday 17 June. To become a 'Friend' go to <https://shop.perennial.org.uk/collections/ways-to-support-us/products/friends-of-fullers-mill-family-membership> or pick up a form from the garden.

To maintain social distancing, we need to limit the numbers in the garden, so you'll need to book your slot before you come, but this is a wonderful opportunity for our Friends to enjoy Fullers Mill at its best and its quietest! To book, please call 01284 334396 or email [fullersmillbookings@perennial.org.uk](mailto:fullersmillbookings@perennial.org.uk).

The garden will be open for Friends from 2 - 5pm on Wednesdays & Fridays from 11am - 5pm on Sundays. Friends will be able to book a slot at 2pm or 3.30pm on a Wednesday and Friday or at 11am, 12.30pm, 2pm or 3.30pm on a Sunday

The garden will be operating a cashless system, so please bring your card and use contactless payments where possible. Plants propagated from the garden will be on sale.



**Please observe social distancing rules  
in all parts of the garden**

**Toilet facilities will be open in the garden  
But there will be no catering available  
onsite at this time. To help us preserve  
its charm, the garden only allows  
assistance dogs. Parking is available.**

## ST. NICHOLAS HOSPICE CHARITY SHOPS

**More volunteers are needed to staff the St Nicholas Hospice Care charity shops which opened on Friday, June 19th.**

**The charity, which supports people processing death and grief across west Suffolk and Thetford, will reopen its shops in Barton Road, Bury St Edmunds, and Mildenhall with plans to soon open others.**

**The hospice would like to hear from anyone who is able to give their time as a retail volunteer. The shops rely on the dedication of their volunteers, who give their time and skills, if anyone has any time that they could offer to our shops they would be most grateful.**

**The charity said it can be flexible for different needs and would welcome those who could only commit for a short time, including those on furlough.**

**Shops will implement social distancing measures. Go to [stnicholashospice.org.uk/contact-us/](http://stnicholashospice.org.uk/contact-us/) for more information.**

## ONELIFE SUFFOLK

**During this difficult time, OneLife Suffolk are here to support you by offering our FREE services in the safety of your own home.**

**Our dedicated teams can help you stop smoking, offer advice and support with managing your weight along with how to get active safely during this time.**

**Our Children's team are also running a fun, informative programme for all children in Suffolk to participate in, which includes free webinars accessible from our website.**

**Please see our website [www.onelifesuffolk.co.uk](http://www.onelifesuffolk.co.uk) for more information about how we can support you and your family, or speak to a member of our Client Services Team on 01473 718193.**

## Introducing your new Minister-in-Charge at St James' Church, Icklingham

My name is David Ball and I live in Freckenham, just 10 minutes from Icklingham, and I have been in post since the beginning of the year. Then the pandemic came and the world began to change. How we cope with rapid change has often been a test of our normality, frequently pushing our resilience to the limit. I hope you are all safe and well and coping with the necessary restrictions. It has not always been easy. Being cautious, we went into voluntary isolation as a family on the evening of the 12<sup>th</sup> March, some six weeks ago.

I have learned new skills in remote shopping, gardening, Zoom and Skype conference calling and home cooking. I love making bread, which I never had time to do before. These changes will, I hope, take us to a new level of living where we have more time for one another even if we physically meet less often. I certainly miss our grandchildren and the congregation at St James's whom I was beginning to get to know very well. They are the most fantastic, lively and enthusiastic church group I have ever met in 40 years of Christian ministry! I feel very honoured and privileged to be their servant in this great work.

Last night, we watched the *Big Night In* on BBC1 in aid of Comic Relief and Children in Need, who are helping people who have been especially hard hit by COVID-19. It was a wonderful example of British humour in the face of hardship and great to see people from all walks of life pulling together as one community. One song that particularly struck me was *Times Like These* written by songwriter Dave Grohl, and performed by a myriad of UK pop singers:

*"In times like these we learn to live again  
In times like these we learn to love again  
In times like these, we learn to give again."*

Let us all learn together in these strange times. I am always here at the end of the phone, if you ever want to talk. 07801 416191.

God Bless You

David

23/4/20

BBC NEWS 22nd June 2020

No new Covid-19 deaths have been recorded in the East for first time since March, not a single Covid-19 death was reported by hospitals across the East, according to the government's latest daily increase statistics issued this afternoon.



These are the latest figures from public health authorities on the spread of Covid-19 in England. The confirmed cases in our local authority stands at 1549 (which is 204 cases per 100K)

The death toll now stands at 3,930 across the eight counties in the East of England. The highest figure was 129 deaths, in statistics for the 8th April.

These figures come from data published by Public Health England.



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Suffolk's Special Constabulary has contributed a total of over 7000 hours to support frontline policing since 23 March as part of the force's on-going effort to manage the demands of Covid-19. During the past few weeks, the force's specials have been working with regular colleagues responding to ongoing incidents, as well as engaging, explaining, encouraging and enforcing the government's social distancing measures. Special Chief Officer Dean Knight said: "These figures are phenomenal and demonstrates the commitment and passion of these individuals in aiding to help keep Suffolk safe during a difficult period. They undoubtedly show that the Special Constabulary officers are an integral part of the Suffolk police family."

Suffolk's Police and Crime Commissioner Tim Passmore said: "We are very fortunate to have such an excellent Special Constabulary. These volunteers make an enormous contribution to keeping Suffolk safe, particularly during these difficult times. The number of hours worked demonstrates their unstinting commitment to help others and as Police and Crime Commissioner and on behalf of the public, I have nothing but praise and admiration for all they do."

Suffolk has a team of 120 special constables working various shift patterns in order to support the force. They provide a range of skills, including supporting vulnerable people, logistics and planning, as well as working as operational officers deployed around the county. Special constables have the same powers as regular police officers but serve as volunteers. They perform a variety of police duties, including providing foot and vehicle patrols, being part of an immediate response team and helping at major incidents, operations and events. They also offer vital links in the partnership between the police service and the public. For more information on the role of special constable, visit <http://www.suffolk.police.uk/join-us/volunteers/special-constabulary>

Recruitment for Specials continues during this time and we are actively seeking applications from all members of our Community, please look at our 'join-us' page for further information or contact me at [specialsandvolunteers@suffolk.pnn.police.uk](mailto:specialsandvolunteers@suffolk.pnn.police.uk)

Special Constables case studies:

SC Bradley Congalton joined Suffolk Special Constabulary in April 2019 and has a day job working within the NHS. His employer has allowed him to assist Suffolk Specials by releasing him two days out of his working week and has been able to commit to more duties than normal, helping to protect us and keep our communities safe.

S/Insp Haydn Stephens is a traffic control manager at BIFFA and has been a Special for 11 years based at Mildenhall in west Suffolk. He has been furloughed from work and is subsequently working a full set of shifts alongside one team.

Mark Suthern, a managing director within financial services, released Special Constable Simon Ward for a 4-week period in order for him to assist in the west Suffolk area. Mark said: "Simon has only been a Special Constable for a relatively short period of time, however I was more than happy to grant leave to him in order to support policing in Suffolk. I think it is fantastic that he is willing to volunteer in this capacity and for us to support him in this endeavour establishes a great link to us, Suffolk Police and the community of Suffolk". Simon has received many positive comments from his regular colleagues since he finished his student training and moved onto his posting in mid-Suffolk. Officers are impressed with Simon's commitment, exceptional professionalism, maturity, dedication and supreme competency comes across when he deals with any situation.



## NEWS FROM ST JAMES

In light of recent news from the Bishop, we are now in a position to open up the church for anyone wishing to go in for private prayer. It would be really nice to see some life back into the church-I'm sure it has missed us!!

We will provide hand sanitizer, wipes etc, to ensure everyone feels safe regarding Covid 19. If you would like to go to visit the church please call Sue (713801) or Dorothy (712439) and they will happily unlock it for you.

I'm sure it won't be long before we have our services again, and hopefully we can start to plan for future events. Sadly, we won't be able to have the flower festival this July, but the roof is being repaired in August as planned.

I have missed our coffee mornings, and whilst a number of us have been worshipping on a Sunday via Zoom, its not the same as all being together in the church!

So please do not hesitate to get in touch, everyone is most welcome, and it will be lovely to have the church back in use, albeit on a small scale for the moment. If you have questions, please give Sue or Dorothy a call.

I feel we are making progress and I'm hopeful we will be together soon!  
Claire Marston - Church Elder

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### SPICE LOUNGE INDIAN TAKEAWAY

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### ST. JAMES CHURCH SERVICES

All Services are cancelled until further notice, however the Church is open for private prayer.

Please contact the Church Wardens for further details Dorothy Handford 712439  
& Sue Marston 713801

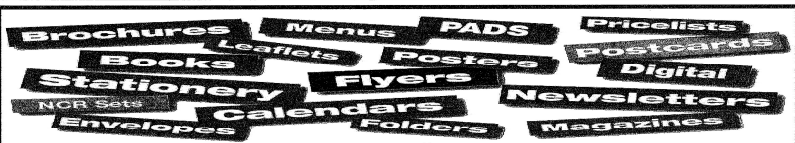
### STRAWBERRY CURD

Shiny red berries with a scent that's the essence of summer, that's the sweet pleasure of the great British strawberry. Preserve them, in this strawberry curd recipe, and enjoy the summer treat through the autumn months.

- 200g bright red, fresh ripe strawberries, hulled
- 4 large free-range eggs
- Finely grated zest of 2 large lemons and juice of 1
- 250g caster sugar
- 100g unsalted butter

Few drops of red food colouring (optional)

1. Purée the strawberries in a food processor, then push them through a sieve into a large heatproof bowl to remove the seeds.
2. Beat the eggs and strain them into the bowl, then add the lemon juice and zest, sugar and butter. Place the bowl over a pan containing about 5cm of simmering water, making sure the bowl doesn't touch the water.
3. Cook, stirring gently, for 30-35 minutes until the mixture thickens and your spoon leaves a trail for a couple of seconds when moved through it. Make sure it doesn't get too hot or it may curdle.
4. Pour the strawberry curd into warm, sterilised jars, cover with a tea towel and set aside to cool.
5. Once completely cool, press a waxed disc onto the surface of each jar of curd, seal with the lids and store the jars of curd in the fridge for up to 2 months.



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### LIBRARY VAN DATES FOR 2020

The Mobile Library Service will be back in operation from the 6th July, and will continue to call at West Street at 2.40pm, The Hall Close at 3.10pm & The Village Green at 3.25pm.

Visits to Icklingham are July 25th,  
Aug 22nd and Sept 19th

The Mobile Manager is Kevin Lambert 0788 442 2762