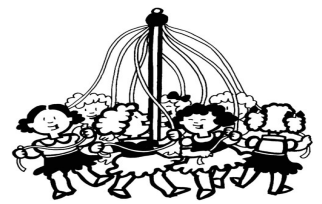




ICKLINGHAM VILLAGER

May 2017



The Suffolk Walking Festival 13th May – 4th June 2017

This year, the Suffolk Walking Festival is celebrating its 10th anniversary and it promises to be bigger and better than ever before.

There really is something for everybody this year. Whether you're a novice or expert, young or old, walking with your family or walking alone, you are bound to find a walk that tickles your fancy. There are a range of short walks that are between one and four miles. There are a range of walks between five and ten miles. There are also walks that are over fifty miles long for those who really want to challenge themselves. You can take part in any of these walks at your own pace, with a group or against the clock.

This year's festival also offers a variety of themed walks in many venues in Suffolk for you to get stuck into. There's Duelling Dragons in Sudbury, where you will visit the oldest part of Sudbury and learn the answers to quirky questions such as 'which dragon won the fight on Ballingdon bridge?' If you're looking for something a bit more subdued, you can watch for birds as you stroll around Westleton Heath. There's also a speed dating walk, where you could meet new friends or a partner.

If you're hoping to take your little ones on a stroll, there are a selection of walks during the half term period from golden mile walks between parks and museums in Lowestoft to activity routes in Ipswich and Sudbury. There's even a trail even a trail or two at Jimmy's Farm for those of you who'd like to meet the animals and see behind the scenes.

The Suffolk Walking Festival is the perfect way for people of all ages and abilities to get out and enjoy the Suffolk Coast and countryside. Walking is also great for our physical, mental and emotional wellbeing. So come on, let's go for a walk!

The end of this year's Suffolk Walking Festival is coinciding with the end of Suffolk's Year of Walking. Suffolk's Year of Walking is a campaign that celebrates walking, as well as encourages those who don't walk too often become at least a little bit more active.

Please visit www.suffolkwalkingfestival.co.uk or visit the Facebook page for further details.



**THE GARAGE SALE TRAIL
is going ahead**

on Saturday May 13th

11.00am onwards
(weather permitting)

If you have already let us know that you wish to take part we will let you have a notice to put on your gate and give you a list of others taking part so that you can hand out to people stopping to look at your sale goods! It's not too late to join in and it is a great opportunity to de-clutter your homes, raise some cash and snaffle some bargains. Anything and everything can be sold, it's time to unearth all the weird and wonderful things from sheds, attics and garages.

Twenty houses already signed up!

PLEASE CALL BEVERLEY 719055
(or drop a note through 59 The Street)
or RONNIE 717715 for more info.

Icklingham Community Group
SUMMER WALK to WEST STOW on 3rd JUNE
WE WILL MEET ON THE GREEN
IN FRONT OF ALL SAINTS CHURCH
at 10.30 am

Come and join us - All Welcome

**THE ICKLINGHAM COMMUNITY GROUP
LITTER PICK ON SATURDAY 8th APRIL WAS A GREAT
SUCCESS WITH OVER 15 BAGS OF RUBBISH
BEING COLLECTED.**

THANK YOU TO EVERYONE WHO HELPED





POLICE CONNECT
Keeping you informed, keeping your community safe

As the days become longer and warmer with the promise of summer, Suffolk Police are reminding residents to protect their homes against opportunistic thieves. Warmer weather can bring with it offenders on the look-out for lapses in security, such as open doors and windows, particularly when valuables are left on display. In fact, since January 2016 at least 29% of burglaries in Suffolk have been as a result of an unlocked door or open window.

Detective Superintendent Andy Smith said: "At this time of year, burglars know that many of us will want to open windows and doors to let the fresh air in, even when we're in the garden. As a result, we tend to see more burglaries in the warmer months as homes are left more insecure.

"Thieves typically look for the easy option by looking for gaps in security and are often not afraid to try door locks. I would urge residents to look at their home security through a thief's eye to prevent them from becoming an easy target. In the coming weeks, Suffolk Police will be sharing crime prevention messages across its social media pages, with illustrative scenes involving garden gnomes to raise awareness of some of the simple steps residents can take to help them avoid becoming a victim of crime. D/Supt Smith continues: "I would also encourage people to keep an eye on their neighbours' homes, particularly when you know they are on holiday. Setting up or joining a Neighbourhood Watch Scheme is an excellent way to work together in preventing your area from being targeted. "Being the victim of a burglary can have both an emotional and financial impact, however protecting your home doesn't have to be expensive."

LOCK

- Lock all doors and remove the keys before leaving the house.
- Keep front doors locked even when you are at home and especially if you are in the back garden.
- Close all windows fully before you leave the house, lock downstairs windows and remove the keys.
- Use window limiters to allow air in instead of keeping windows fully open, even when you're at home.
- Install window locks on upstairs windows that can be easily accessed by a flat roof.
- Lock back gates using a sturdy lock such as a closed shackle padlock to no less than CEN 3-4 security grade or 5 lever lock.

LIGHT

- Make your home look lived in – use timer switches if you're not home.
- 'Dusk-to-dawn' sensor security lighting is a low cost way of making sure the front of your home or shed/outbuilding is well-lit.
- Visible burglar alarms can make burglars think twice; get specialist advice and consult your insurance company.
- Hedging and shrubs to the front of your property should be pruned to no higher than 1m and trim trees up from the ground to 2m. This will allow a clear line of sight across your property and will stop the garden being used as a hiding place.

HIDE

- Keep your valuables, jewellery, cash, passport and deeds to your property in a safe.
- Never leave spare keys in an open place. Be aware, burglars know all the usual hiding places so never leave a spare key under the doormat or under a garden gnome.
- Keep dustbins and wheelie-bins away from fencing/gates as these can be used by thieves to climb into windows or used to escape.
- Make sure valuables are property marked. Take photographs and keep a note of any serial numbers.
- Don't leave equipment/tools lying around that can be used by burglars to break into your home, such as hammers, shovels or gardening tools. Keep ladders locked away and out of sight. **For more security advice visit www.suffolk.police.uk**

THE SOUTH SUFFOLK SHOW

The 129th South Suffolk Show will be taking place at its usual location at Ampton Racecourse, Ingham on Sunday May 14th 2017.

This traditional agricultural Show is regarded by many as one of the leading shows in the eastern region with cattle, sheep, pigs, horses and a wide array of attractions.

A great day out for all the family, the Show covers an area in the region of 90 acres and caters for a wide range of tastes and all age groups. Admission: Adults £12, Children 5-16 £6, Senior Citizens £7, Family Ticket £30 (See website for discounted pre-show e-tickets and ticket retail outlets)

FREE CAR PARKING

Follow the signs off the A134.

For Further Information Tel: 01638 750879

or view www.southsuffolkshow.co.uk

Dogs are allowed onto the show ground

BUT they must be on a lead at all times and their owners MUST CLEAN UP AFTER THEM

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ICKLINGHAM PARISH COUNCIL

The full PC minutes are available on the website OneSuffolk for Icklingham and on the new PC notice Board by The Red Lion. Your Parish councillors are Darren Baugh, Karrie Baugh, Helen Graham, Ronnie Halford and Annette Walsh. There are two vacancies for a Parish councillor, if you would like to be a Parish councillor please come along to the meeting or email the Clerk of the PC, Su Field on IcklinghamPC@gmail.com

Meeting dates for 2017
4th May Suffolk County Council elections
11th May
6th July
7th September
2nd November

Meetings start at 7.30pm

If you would like an item included on the agenda for the next meeting please email the clerk on IcklinghamPC@gmail.com

Every meeting has a Public Forum for ten minutes at the start of each meeting.
Everyone is welcome to attend.



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Email ALAN on alan8358@hotmail.com

DATES FOR THE DIARY

This year's Weird and Wonderful Wood will be taking place on Saturday 13th & Sunday 14th May 2017 at Haughley Park, Wetherden, Nr Stowmarket. Times: Saturday, 10.30 - 6.00pm; Sunday, 10.30 - 5.00pm. Admission per day: Adults £10, Concessions £8, Children under 12's £5, and under 3's free. Dogs are welcome but must be kept on a lead at all times.

Bury St Edmunds Festival 2017 19th - 28th May 2017
Each year the Bury St Edmunds Festival provides an opportunity for you to enjoy a wide range of music and art across ten days, hosted in venues around the town. For tickets and to see what's on over the course of the ten days visit www.buryfestival.co.uk

The Felixstowe Kite, Craft, Kids & Car Festival - Sunday 21st May 2017. Felixstowe International College. Organised by The Landguard Rotary Club, this event is a great day out for all the family in Felixstowe. There will be a classic car show, craft fair, kit flying demonstrations, local music, dance, food and drink stalls, amusements for the kids and much more. This event kicks off at 11am and is expected to finish at 5.30pm. Adult tickets are £5 per adult and children are £2 per child. There is a free car park and toilets on site.

Icklingham Community Group SUMMER WALK to West Stow on 3rd JUNE meet on The Green at 10.30am.

PSJ FLOWER FESTIVAL 2017 depicting "FAMOUS WOMEN IN FLOWERS" on JULY 8th-9th at St James Church, Icklingham.



WEETABIX CAKE

- 2 Weetabix, crushed
- 275ml milk
- 1 large egg, beaten
- 1 ripe banana, mashed
- 300g self-raising flour with 1 tsp mixed spice
- 75g caster sugar
- 150g sultanas or raisins
- 50g dried apricots, 50g glacé cherries, halved



You will also need

2lb loaf tin, greased with butter and lined with greaseproof paper

Preheat the oven to 170°C/340°F/Gas mark 3.

Crush up the Weetabix into a large mixing bowl, add the milk the mixture looks very runny at this stage but soon starts to thicken..

Beat the egg in a small bowl and add to Weetabix and milk. Also add the mashed Banana

Mix in the sugar, flour and mixed spice into the bowl, its a fairly stiff mixture.

Lastly, add the dried fruit. (you can use whatever dried fruit takes your fancy). Stir in & mix well with the rest of the ingredients. Put mix in prepared tin.

Place the tin into the oven and leave to cook for 1¼ to 1½ hours, until golden brown & a skewer or knife comes out clean.

Turn out on a wire rack to cool - Then eat, enjoy !
Many thanks to Jean for this recipe.



**ST. JAMES
CHURCH SERVICES**



28th May Holy Communion 9.30am

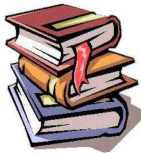
11th June Service of the Word 9.30am

9th July Songs of Praise 6.00pm

Contact the Church Wardens for more information Dorothy Handford 712439 or Sue Marston 713801

LIBRARY VAN

The Library Van has a good selection of adult and children's books on board & they will order any books in for you. The Library van will visit on 6th May & 3rd June calling at West Street at 2.40pm, The Hall Close at 3.10pm & The Village Green at 3.25pm. Your regular Mobile Manager is Kevin Lambert 07884422762



Old School Hall – Icklingham.

Available for hire

Meetings – Parties – Clubs

Rates variable to suit.

From £12 to £20 per hour,
£50 half day – £90 full day.

Contact David on 07751765047

Phone 01284 728768

fax 01284 729166

email david.a.fisher@btinternet.com

YOGA CLASS EVERY WEDNESDAY

AT THE OLD SCHOOL HALL

6.45pm to 7.45pm

Just come along and join in

Please see ACW Building Services on Facebook !

ACW BUILDING SERVICES

Bathrooms, Kitchens, Plumbing, Tiling,
Plastering, Carpentry, Renovations, Extensions.

Adrian White

Builder

105 The Street Icklingham
Bury St Edmunds
Suffolk
IP28 6PL

07900000413

acwhite105@yahoo.com



NOTICE BOARD

The Villagers Notice



Board has now been painted and is being well used !

Please feel free to advertise events, items for sale etc.

Many thanks to the PC for donating the Board for our use.

**ARBORICULTURAL AND
LANDSCAPE SOLUTIONS**

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LAST BUT NOT LEASThave you a special person you want to Thank, wish Good Luck, Happy Birthday, Getting Married, say Get well soon or a New arrival ? Well this is the space for you – just email bac@talk21.com or phone 01638 719055 and let me know your special message and it will appear here free of charge..



**A BIG HAPPY 6th
BIRTHDAY TO
AVA CURTIS**

on May 24th
Love from
Granma &
Granpa xx



If you have something you would like to put in The villager just let me know and I will put it in the newsletter for you. Email bac@talk21.com or drop in my post-box at 59 The Street

**COFFEE MORNING at
ST JAMES CHURCH**

25th MAY 10.30 am
cakes & Books for Sale
ALL WELCOME
come along and meet friends
and neighbours.