

# ICKLINGHAM VILLAGER

November 2017



## DATES FOR YOUR DIARY

**Church Tidy Up Day 11th November**  
See below

**FESTIVAL OF LIGHTS in St. James Church 2nd-3rd DECEMBER**  
If you would like to help on the day or decorate a tree please contact Sue 713801 , Dorothy 712439 or Hazel 714097 also donations for the cake and bottle stall will be gratefully received

**CAROL SINGING - 19th December**

**More details to follow on these events in the next edition of The Villager.**

## ICKLINGHAM PARISH COUNCIL

**The next meeting is Tuesday 28th November**

**Meetings start at 7.30pm**

**If you would like an item included on the agenda for the next meeting please email the clerk on IcklinghamPC@gmail.com**

*Every meeting has a Public Forum for ten minutes at the start of each meeting. Everyone is welcome to attend*

## ICKLINGHAM COMMUNITY GROUP QUIZ

This was held last Saturday in the Old School Hall. Nine teams filled the hall & a fun evening was had by all. Phil Halford set the brilliant & sometimes very challenging questions ! The victors, with a cash prize of £50, were 'Hazel & The Ikettes', they were closely followed by 'Three's a Crowd' and in third place 'Norfolk & Chance' ! The team name prize went to 'Icklingham Losers Last Time'. Huge Thanks go to Phil & Ronnie Halford for all their hard work, the evening was very much enjoyed by all.



**Healthwatch - Suffolk**  
Can you help to shape and improve home care services ?

Healthwatch Suffolk is exploring people's experiences of accessing home care services (domiciliary care). It is an opportunity for you, your friends or family members to influence and improve these services now and for the future.

The watchdog wants to hear from people that are currently using home care services, have used them in the past or those who may need help at home but have been unable to obtain support in the county.

Domiciliary care is care provided in a person's home. Sometimes it is called home care or 'Support to Live at Home'. Home care can include support with things like helping people to get out of bed, washing, dressing, getting to work, cooking meals, eating, seeing friends, caring for families and being part of the community.

Healthwatch Suffolk will use your feedback to help it understand the issues that people face when accessing care at home and what needs to be explored in detail as part of its developing project. As the health and care watchdog for Suffolk, it can use the things that people share to shape, influence and improve care to our county's most vulnerable residents.

Sharing your experiences couldn't be easier, if you are currently using a service, Healthwatch Suffolk is asking people to take part in a short survey.

You can access it using the following link: <https://www.surveymonkey.co.uk/r/homecareinsuffolk>

If you are not currently accessing support or would prefer not to feedback online, please contact the Healthwatch Suffolk team on 08004488234 (Freephone) or by email to [info@healthwatchesuffolk.co.uk](mailto:info@healthwatchesuffolk.co.uk). Hard copies of the survey and other formats are available on request.

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**ST JAMES CHURCH  
TIDY UP DAY  
11th November 11.30am**

**If you can spare an hour or two please come along to the Church and lend a hand. Jobs needing to be done include clearing ivy, weeding and general church maintenance.**

**Please bring your own gloves, shears and secateurs**

**Refreshments will be provided.**





**POLICE CONNECT**  
Keeping you informed, keeping your community safe

New volunteers are actively being sought to join the ranks of Suffolk's Special Constabulary. The county has over 200 Special Constables who regularly volunteer their time to assist the regular police force in keeping Suffolk safe. The Special Constabulary is on the look-out for committed recruits who are keen to experience the rewards and challenges of policing.

Suffolk Special Constabulary is hosting 'drop in' style recruitment event on Saturday 11 November at the Athenaeum, Angel Hill, Bury St Edmunds, between 10am and 4pm.

Becoming a Special Constable is a positive opportunity to develop existing skills or to learn new ones, give something back to your local community and become a part of a diverse organisation that fights crime in the county. It is also a good way to try police work if you are considering a career as a full time officer.

The role of a Special Constable includes providing high visibility patrols and helping to police major incidents and events. They also offer vital links in the partnership between the police service and the public. If you are 18 years or older, in good health and of good character, you can apply. You will get full training to become part of a team that deals with a wide variety of incidents and events across Suffolk.

Karen Harris, Specials & Volunteers Manager said " Specials are an integral part of our organisation, they are extremely valued and valuable, all of our Special Officers are highly trained and play an essential role in preventing, reducing and tackling crime and keeping Suffolk safe. We are seeking applicants from all communities in our county so if you have 16 hours a month to offer us, anytime of day or night and are interested in finding out more please come along to one of our events.

At the recruitment event interested applicants can 'drop in' at a time that suits them and speak to various members of Police and Support Staff about particular aspects of becoming a Special Police Constable.

Attendees will be able to follow the 'applicants journey' from start to finish, including how to complete an application form, what happens at assessment centres, details of the training programme, what personal safety training officers receive and speak to Special Officers to find out exactly what it's like a Special with Suffolk Constabulary.

**If you intend to go along to this event, please confirm your attendance by e-mailing [specialsandvolunteers@suffolk.pnn.police.uk](mailto:specialsandvolunteers@suffolk.pnn.police.uk). If you cannot attend but would like more information please go to our website [www.suffolk.police.uk](http://www.suffolk.police.uk)**



## Deadman's Grave

Deadman's Grave is said to be the burial place of an executed highwayman, who in revenge at being denied a Christian burial now haunts this place! But don't let that

put you off enjoying this lovely autumn and winter walk when the site is fully open to the public.

There is a variety of landscapes with many places to stop and appreciate the peace and enjoy this special place where sheep graze and Breckland Thyme grows. The substantial rise in the land to the east of the site provides views of the surrounding landscape that can only be guessed at from the start of the track.

By foot Deadman's Grave is most easily reached by walking from Icklingham village close to where the B1112 meets the A1101.

From Icklingham walk northwards along the Icknield Way path (also known as Seven Tree Road) to the site. You can also continue northwards to reach Berner's Heath Open Access site and make a circular walk through the Kings Forest via West Stow Country Park before heading back to Icklingham.

Open: 1 November until 28 February

OS Explorer Map 229

Address: IP28 6PX

\*Please note the postcode provided may not take you to the exact location of the heath\*

## LIBRARY VAN

The Library Van has a good selection of adult & children's books on board & they will order any books in for you. The Library van will visit on 18th November calling at West Street at 2.40pm, The Hall Close at 3.10pm & The Village Green at 3.25 pm. The Mobile Manager is **K e v i n L a m b e r t**, who can be contacted on 07884422762.



## FLOWER CLUB

The Flower Club met in October for an Ikebana demonstration by Nancy Curtis. It was an interesting morning and lots of fun was had when we tried to make our own arrangement.

Ikebana (生け花, "living flowers") is the Japanese art of flower arrangement. The tradition dates back to the 7th century when floral offerings were made at altars. It was a celebrated painter, called Soami, who conceived the idea of representing the three elements of heaven, human, and earth, from which have grown the principles of the arrangements used at the present day. Ikebana reached its peak in the 16th century under the influence of Buddhist teamasters and has grown over the centuries, with over 1,000 different schools in Japan and abroad. Many thanks to Nancy for sharing her expertise, once again, with us all.

## ICKLINGHAM COMMUNITY GROUP

*The Annual Village Litter & Leaf Clean up was held on the 7th October and fortunately the weather was very kind to us! Even though there was only a few of us we managed to collect 12 bags of rubbish from around the village. If you see any bits we missed please carry on the good work and pop it in your bin.  
Thank you.*

## Christmas Cake

175g/6oz raisins

350g/12oz natural glacé cherries, halved, rinsed, and thoroughly dried

500g/1lb 2oz currants

350g/12oz sultanas

150ml/¼pt brandy or sherry, plus extra for feeding

2 oranges, zest only

250g/9oz butter, softened

250g/9oz light muscovado sugar

4 free-range eggs, at room temperature

1 tbsp black treacle

250g/9oz plain flour

2 tsp mixed spice

To make the cake, place all the dried fruit, including the cherries, into a large mixing bowl, pour over the brandy and stir in the orange zest. Cover with Clingfilm and leave to soak for three days, stirring daily.

Grease and line a 23cm/9in deep, round tin with a double layer of greased greaseproof paper. Preheat the oven to 140C/275F/Gas 1.

Measure the butter, sugar, eggs, treacle into a very large bowl and beat well (preferably with an electric free-standing mixer). Add the flour and ground spice and mix thoroughly until blended. Stir in the soaked fruit. Spoon into the prepared cake tin and level the surface.

Bake in the centre of the preheated oven for about 4-4½ hours, or until the cake feels firm to the touch and is a rich golden brown. Check after two hours, and if the cake is a perfect colour, cover with foil. A skewer inserted into the centre of the cake should come out clean. Leave the cake to cool in the tin.

When cool, pierce the cake at intervals with a fine skewer and feed with a little extra brandy. Wrap the completely cold cake in a double layer of greaseproof paper and again in foil and store in a cool place for up to three months, feeding at intervals with more brandy. (Don't remove the lining paper when storing as this helps to keep the cake moist.)

Decorate as desired .....then Enjoy !



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01638 429976  
07722617430



[www.alanwisbeach-decorating.co.uk](http://www.alanwisbeach-decorating.co.uk)

Email ALAN on alan8358@hotmail.com

### MORE DATES FOR YOUR DIARY !!

16th Nov Christmas Lights Switch on in Bury St Edmunds.

23rd - 26th November Bury Christmas Fayre – Closure of Angel Hill, Chequers Square, Honey Hill, Crown Street, Buttermarket & Hatter Street.

26th Nov STIR - IT - SUNDAY

28th Nov PARISH COUNCIL MEETING 7.30pm

2nd-3rd Dec FESTIVAL OF LIGHTS 11.00am - 4.00pm

3rd Dec CAROL SERVICE 6.00pm

2018

30th JANUARY PARISH COUNCIL MEETING 7.30pm

### THE ALICE DIX CHARITY

If you would like to make an application for a Christmas payment the following criteria must be met. One payment per household. Payments will be made by cheque only. Under the terms of the Charity the trustees are required to comply with a number of directions including the following:

*Relief in Need : The trustees shall apply the income of the Charity applicable for relief in need in relieving either generally or individually persons resident in the area of benefit who are in conditions of need, hardship or distress by making grants of money or providing or paying for items, services or facilities calculated to reduce the need, hardship or distress of such persons. Payments shall be made on receipt of an individual application and judged in accordance with the terms of the Charity.*

Applications for support may include school based trips, textbooks and school uniform. Help may be needed to purchase appliances, to make life easier in the home for the elderly or immobile. These are all things the Charity can look at and help with.

*To make an application for help this Christmas please write to the secretary Mrs Dorothy Handford at Saxon Lodge, West Street, Icklingham or email [bac@talk21.com](mailto:bac@talk21.com) before the 30th November*

Please see ACW Building Services on Facebook !

# ACW BUILDING SERVICES

Bathrooms, Kitchens, Plumbing, Tiling, Plastering, Carpentry, Renovations, Extensions.

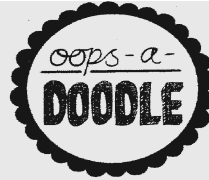
## Adrian White

Builder

105 The Street Icklingham  
Bury St Edmunds  
Suffolk  
IP28 6PL

07900000413

acwhite105@yahoo.com



## Luxury Cards & Stationery

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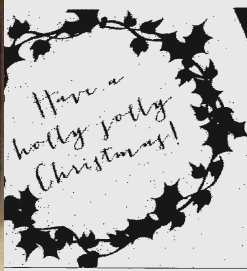
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# GREEN SCENE

CONTACT FOR FREE QUOTATIONS AND ADVICE

01638 515911 / 07866 866880  
INFO@GREENSCENETREESURGERY.CO.UK

## Old School Hall – Icklingham Available for hire

Meetings – Parties – Clubs

Rates variable to suit.

From £12 to £20 per hour,  
£50 half day – £90 full day.

Contact David on 07751765047

Phone 01284 728768

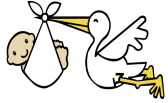
fax 01284 729166

email

david.a.fisher@btinternet.com

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**LAST BUT NOT LEAST** .....have you a special person you want to Thank, wish Good Luck, Happy Birthday, Getting Married, say get well soon or a new arrival ? Well this is the space for you – just email bac@talk21.com or phone 01638 719055 and let me know your special message and it will appear here free of charge..



### Congratulations to Abby & Chris Ruggles

on the birth of baby Benjamin  
born on the 26th September

Love from Mum & Dad  
and all the family  
XXX



### COFFEE MORNINGS at ST JAMES CHURCH

The Coffee mornings will resume in 2018  
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PLEASE SEE CHURCH NOTICE BOARD FOR DATES OF SERVICES

contact Sue Marston on 713801  
or Dorothy Handford on 712439  
for more information.

Lovely Christmas Cards from oops-a-doodle. Also custom made cards and prints for special occasions. See advert above