



# ICKLINGHAM VILLAGER

AUTUMN 2020



APOLOGIES FOR THE DELAY IN GETTING THIS NEWSLETTER TO YOU. THIS WILL BE THE ONLY EDITION UNTIL DECEMBER DUE TO THE LACK OF NEWS AND EVENTS TO REPORT.

IF YOU HAVE ANY EVENTS OR NEWS YOU WOULD LIKE PUBLISHED PLEASE EMAIL ME ON [bac@talk21.com](mailto:bac@talk21.com) THANK YOU

## PROJECT ST. JAMES

### 100 CLUB

Sue Marston and Hazel Russell have recommenced household collections for the Project St James 100 Club.

All advance payments received up to the 16<sup>th</sup> March have been rolled forward' to the 1<sup>st</sup> September onwards.

JOIN NOW TO HAVE A  
CHANCE OF THE CHRISTMAS  
£100 PRIZE

If you are interested in supporting St. James Church and want to join the 100 Club (it's only £1.00 per month payable weekly, monthly or annually)

contact Sue on 713801 & Hazel on  
for more details

## FAMILY HARVEST SERVICE

11th OCTOBER

at 9.30am in St. James Church

Please come along to the Family Friendly Harvest Service The church will be decorated with Autumnal Harvest arrangements by the Flower Club and although we are unable to sing hymns

(due to restrictions) the organ will be played for our enjoyment.

If you would like to bring a donation of produce this will be collected at the service and taken to The Kings Project in Mildenhall.

All Welcome

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PSJ COFFEE MORNINGS  
WILL RESTART AS SOON AS POSSIBLE  
CHECK THE CHURCH NOTICE BOARDS  
FOR MORE INFORMATION

When Coffee mornings recommence there will be social distancing. Every precaution will be taken, track and trace is in place and hand sanitizer will be provided at the church for all events.

## This is a public health message from NHS Test and Trace

As part of the government's coordinated response to Corona virus, NHS Test and Trace has developed the new NHS COVID-19 app. It is now available for download to all residents of England and Wales. We strongly recommend that everyone over the age of 16 downloads and uses it.

Download the 'NHS COVID-19' app from the App Store or Google Play.

There is more information at <https://covid19.nhs.uk> The app will help you to understand and manage your personal risk and reduce the spread of Corona virus. The more people who use it, the more effective it will be. The app requires operating system 13.5 or above if you have an Apple iPhone. It requires Android 6.0 or above if you have an Android phone.

If your smartphone is not compatible, you can still access full support from the NHS Test and Trace service. All individuals over the age of 16 who are registered with a GP in England and have provided an email address to the NHS will receive an email or text message.



## The Great British Spring Clean

Earlier this year we were blown away by the support from everyone, volunteers, local authorities, charities and businesses - for the Great British Spring Clean, which was due to take place from 20 March - 13 April.

With more than 680,000 volunteers promising to give us their time, the enthusiasm and excitement it generated exceeded all our expectations.

However, with our first priority to make sure everyone stayed safe and well, we postponed this year's campaign due to Covid-19. Now we are back and here's how you can get involved and show support for our Great British Autumn Clean Up: Organise a private clean-up with up to five others, family and friends.

Pledge to do your own individual clean-up, you can give as little as 15 minutes, every little helps ! Pledge to pick now !!

<https://www.keepbritaintidy.org/get-involved/support-our-campaigns/great-british-spring-clean/pledge-to-pick>

Have a look at this Poem by Steve Backshall with your children on

<https://www.youtube.com/channel/UC9A2gzJoJgaiIQzgDIxbHxA>

## STUFFED MARROW

1 tbsp olive oil

1 onion, chopped,  
1 garlic clove, crushed

1 tablespoon dried mixed herbs

500g pack turkey mince

2 x 400g cans chopped tomatoes

1 marrow, cut into 4cm thick slices

4 tbsp breadcrumbs

3 tbsp grated parmesan

Heat oven to 200C/180C fan/gas 6. Heat the oil in a large frying pan and cook the onion, garlic and 2 tsp of the herbs for 3 mins until starting to soften. Add the turkey and brown all over, then tip in the tomatoes and cook for 5 mins more.

Scoop out the middle of the marrow and discard. Arrange the slices in a baking dish. Spoon the mince into the middle of each marrow slice, then spoon the rest over the top. Cover with foil and bake for 30 mins.

Meanwhile, mix remaining herbs with the breadcrumbs and Parmesan. Remove the marrow from the oven, uncover, and sprinkle over the crumbs. Return to the oven for 10 mins more until crumbs are golden and crisp and marrow is tender.



Police have recovered a large number of tools believed to have been stolen in a number of burglaries and thefts across Suffolk.

Officers arrested a man in his 20s in Ipswich on Friday 3 July on suspicion of handling stolen property, criminal damage, possession with intent to supply Class A drugs, possession of Class B drugs and assault on an emergency worker. The man was brought to the Police Investigation Centre to be questioned & was subsequently released under investigation whilst enquires continue. Following a search of a property police recovered a large quantity of tools, believed to have been stolen.

Police are now issuing photographs of some of the items recovered and are asking members of the public who may be the owners to come forward to potentially identify their property quoting reference 37296/20 via - email - [Craig.Smith2@suffolk.pnn.police.uk](mailto:Craig.Smith2@suffolk.pnn.police.uk) or phone - Call 101. Pictures of the stolen items can be downloaded from <http://www.suffolk.police.uk/news/latest-news/ipswich-stolen-tools-recovered>

Help us keep our communities safe. Police advice on a variety of subjects can be accessed via <https://www.suffolk.police.uk/advice>

To report something, or to otherwise contact Police, use the link <http://www.suffolk.police.uk/contact-us>.

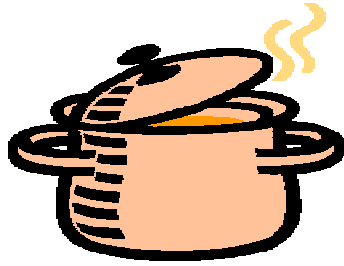
To report something anonymously call Crimestoppers on 0800 555 111 or visit [www.crimestoppers-uk.org](http://www.crimestoppers-uk.org)

Alternatively call 101 for non-urgent matters. Always call 999 in emergencies, or if an immediate police response is required.

## Butternut Squash Soup

Delicious and very easy to make. You can use 3 to 4 cups of chicken broth instead of the water and bouillon cubes. Also works well with half as much cream cheese if you don't want it too rich.

6 tablespoons chopped onion  
4 tablespoons butter  
6 cups peeled and cubed  
butternut squash  
3 cups water  
4 cubes chicken bouillon



In a large saucepan, sauté onions in butter until tender. Add squash, water, bouillon, marjoram, black pepper and cayenne pepper. Bring to boil; cook 20 minutes, or until squash is tender. Puree squash and cream cheese in a blender or food processor in batches until smooth. Return to saucepan, and heat through. Do not allow to boil. Serve with crusty bread!

Or try roasting the squash on a sheet in the oven (cut in half and roast cut side down) for about 45 minutes at 375 because roasting brings out the flavour better. (Plus it is a lot easier than cutting an uncooked squash). I added slightly more cayenne than called for.

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## ST. JAMES CHURCH SERVICES

Church Services are now being held again  
in the Church

Please contact the Church Wardens for  
further details Dorothy Handford 712439  
& Sue Marston 713801

**THERE WILL BE A PSJ CAR RALLY  
on Saturday 24th October at 10.00am,  
please meet in the Heygates Mill Yard by  
the Church**

**This was great fun last time we held it,  
and once again, Phil Halford has set  
the clues and the course.**

**£5.00 per car**

**Please stay in your car and you will be  
given your clues and a time to start.**

**There will be a cash prize !  
There will also be a Cake Stall available in  
the porch the event will be Covid-19  
friendly !!**

**With all precautions and social distancing in place  
All Welcome - do come along and  
join in the fun !**

**Call Claire for more info 07798 790609**

Visit the **National Horse Racing Museum**, one of their biggest attractions is their majestic live race-horses. Visitors can meet and greet the horses, and learn about how to retrain a racehorse in their behind the scenes tours at 11am and 2:30pm.

The horses are always on regular rotation as they stay with the museum for a few months before moving onto new homes. Meet the horses in the Rothschild Yard from 22 Sep - 31 Dec. contact 01638 667314 or <https://www.horseracingmuseum.org/meet-the-horses-in-the-rothschild-yard/> The address is Palace House, Palace Street, Newmarket, Suffolk CB8 8EP.

**LAST BUT NOT LEAST** have you a special person you want to Thank, wish Good Luck, Happy Birthday, Getting Married, say Get Well Soon or a new arrival ? Well this is the space for you – just email [bae@talk21.com](mailto:bae@talk21.com) or phone 01638 719055 and let me know your special message and it will appear here free of charge !

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## LIBRARY VAN DATES FOR 2020

The Library Van is due on the 17th October,  
14th November and 12th December.

calling at West Street at 2.40pm,

The Hall Close at 3.10pm

The Village Green at 3.25pm.



The Mobile Manager is

Kevin Lambert on 0788 442 2762

